# Causal Analysis of Observational Mobile Sensor Data: A Comparative Study

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# Mobile sensor data

- Smartphones and wearables have produced various data related to the user's behavior via their built-in sensors
- These mobile sensor data are collected using motion, position, and environment sensors, and we could provide a data-driven intervention at an opportune moment
- Previous studies have explored the relationship among variables, especially about the "causality"



# Overview

- We introduce how to analyze the causal relationship with observational mobile sensor data
  - Matching
  - Convergent Cross Mapping (CCM)
- As a case study, we describe how to implement these methods to show the existence of causality using a real-world sensor dataset (i.e., K-EmoPhone dataset)

# **Randomized Controlled Trial**

- Most of the studies analyze the causal relationship among variables by conducting RCT
- Researchers **randomly assign** participants into two groups (control vs. treatment group)
- They examine the efficacy of treatment while **minimizing the effects of confounding variables**



# **Observational data**

- Treatment variable is not under the control of the researcher
- Treatment assignment is no longer randomized
  - It could be biased by confounding variables

Why matching & CCM?

- Matching
  - Finding similar pairs by matching  $\rightarrow$  split all pairs into two groups (control vs. treatment group)
    - $\rightarrow$  treatment might be randomly assigned
- Convergent Cross Mapping(CCM)
  - It's impossible to consider all confounding variables in reality
  - CCM allows us to estimate the causal relationship **without considering confounders**

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# K-EmoPhone dataset

- Total subjects: 81 participants
- Period: one-week
- Device: Android smartphone, Microsoft band 2, Polar H10
- Data contents
  - Objective sensor data
    - Motion, Physiology, Environment, Network, Phone usage
  - Subjective information data
    - User Information, ESM data
- Preprocessing
  - Standard scaling for every variables
  - 1-hour time window for feature extraction
    - for one person, total units= 24hours \* 7days= 168units
- Case study
  - N-of-1 trial(user id= 705)
  - Common scenario
    - $\blacksquare \quad \text{More steps} \rightarrow \text{more calories burn}$







- Deterministic dynamic systems
  - If initial condition was known, we will be able to predict the future state
  - Human behavior could also be deterministic
- Takens' idea
  - If one variable is deterministic, we may estimate its future value only using time lags of its own previous data by doing a knn in a delayed space



Step 1: The key question is to reconstruct or estimate steps using calories' information

Step 2: if we have more and more data of calories, we can better estimate the steps

• The estimation performance will converge with more and more data which is a sign of causation



• As in Fig (a), only estimation performance of "calories estimate steps" is monotonically increasing when increasing the length of time series. The other direction is not monotonically increasing.



Step 3: if we randomly shuffle the order of calories, the prediction performance should be lower than original data

• If the requirement in step 2 and 3 are met, we can conclude that steps cause calories



- As in Fig (a) and (b), only estimation performance of "calories estimate steps" is higher than that of randomly shuffled time series
- In summary, steps cause calories but not vice versa

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# **Discussion and Conclusion**

- In this study, we reviewed how to perform causal analyses on observational mobile sensor data by implementing the two causal inference techniques; Matching and CCM
- These techniques could be leveraged to measuring the therapeutic efficacy of digital health interventions or optimizing user interface design
- However, when applying these causal inference techniques, note that:
  - Determining the appropriate time window size during the data preprocessing process
    - Results may vary depending on windows size
      - Overall consideration required, such as type of data, variables, etc.
      - Refer to previous domain knowledge
      - Set the optimal window size through iterative analysis
  - Distribution of confounding variables between treatment and control groups may not be equal
    - Need to tune hyperparameters to get the balance

# Q & A