

# A Reproducible Stress Prediction Pipeline Using Mobile Sensor Data

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#### **Stress Prediction Using Mobile Sensor Data**



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## Challenges

1. Lack of details in common pipeline for mobile stress prediction research

**2.** Difficulty in reproducing the results even on the same dataset

### **Challenge 1. Variety of Machine Learning Pipelines**



Y. Fukazawa, N. Yamamoto, T. Hamatani, K. Ochiai, A. Uchiyama, and K. Ohta. 2020. Smartphone-based Mental State Estimation: A Survey from a Machine Learning Perspective. Journal of Information Processing 28, 3 (2020), 650–669. Kangning Yang, Benjamin Tag, Chaofan Wang, Yue Gu, Zhanna Sarsenbayeva, Tilman Dingler, Greg Wadley, and Jorge Goncalves. 2023. Survey on Emotion Sensing Using Mobile Devices. IEEE Transactions on Affective Computing 14, 4 (2023), 2678–2696. Gideon Vos, Kelly Trinh, Zoltan Sarnyai, and Mostafa Rahimi Azghadi. 2023. Generalizable Machine Learning for Stress Monitoring from Wearable Devices: A Systematic Literature Review. International Journal of Medical Informatics 173 (May 2023)

### **Challenge 2. Reproducibility**

There are four types of reproducibility in this field. (Albertoni et al. 2023)

		Dataset		
		Same	Different	
Code & Analysis	Same	<ul> <li>Computational reproducibility</li> <li>Method reproducibility</li> <li>Experiment reproducibility</li> <li>Reproducibility</li> </ul>	<ul> <li>Replicability</li> <li>Generalizability</li> </ul>	
	Different	<ul> <li>Independent reproducibility</li> <li>Robustness</li> <li>Data reproducible</li> </ul>	<ul> <li>Replicability</li> <li>Generalizable</li> <li>Conceptual replicable</li> </ul>	

Dataaat

### **Challenge 2. Reproducibility**

Even on the same dataset, many factors in the data analysis pipeline may influence the reproduced results.



My stress level right before doing this survey was Q: not stressed at all (-3) ~ very stressed (+3) (Kang et al.)



Self-reported Survey

Binarize Using Binarize Using Mid Value Mean Value

#### **Research Questions**

RQ1 What is the common pipeline for stress prediction using mobile sensor data?

**RQ2** What is the **impact of each factor** in a stress prediction pipeline on the final performance using a public dataset? (*Independent Reproducibility*)

### **Scope of this Study**

Despite a decade of efforts in this field, the performance of **in-the-wild**, **self-reported stress prediction in user-independent settings** remains limited.



https://www.shutterstock.com/zh/search/daily-life-icon

https://www.freepik.com/premium-vector/stress-line-icon-symbol-anxiety-anxiety-headache-anger-sadness\_46964960.htm

#### **RQ1 Common Pipeline - Literature Review**



Y. Fukazawa, N. Yamamoto, T. Hamatani, K. Ochiai, A. Uchiyama, and K. Ohta. 2020. Smartphone-based Mental State Estimation: A Survey from a Machine Learning Perspective. Journal of Information Processing 28, 3 (2020), 650–669.

Gideon Vos, Kelly Trinh, Zoltan Sarnyai, and Mostafa Rahimi Azghadi. 2023. Generalizable Machine Learning for Stress Monitoring from Wearable Devices: A Systematic Literature Review. International Journal of Medical Informatics 173 (May 2023)

Kangning Yang, Benjamin Tag, Chaofan Wang, Yue Gu, Zhanna Sarsenbayeva, Tilman Dingler, Greg Wadley, and Jorge Goncalves. 2023. Survey on Emotion Sensing Using Mobile Devices. IEEE Transactions on Affective Computing 14, 4 (2023), 2678–2696.

#### 1. Preprocessing 2. Feature Extraction 3. Feature Preparation 4. Feature Selection **a** Feature normalization a. Feature selection methods a.Remove invalid survey samples a.Feature type a.1 Sensor data a.1 Filter methods a.1 Remove expiratory a.1 For all users (the statistics measure a.2 Removing neutral a.2 Survey data such as mean and std is calculated a.2 Wrapper methods b.Remove invalid users a.2.1 Participant information a.3 Embedded methods from training set) a.2.2 EMA context data **b.1** Remove users with too few a.2 For each user a.2.3 Previous EMA labels b.Impute missing values survey labels b.2 Remove users with extreme **b**. Time window label distribution b.1 Current (last value before label) c.Label encoding b.2 Immediate past (fixed time c.1 Theoretical threshold window) c.2 Statistical threshold for all b.3 Extended past (daily) **b.3.1** Epoch window users c.3 Statistical threshold for each **b.3.2** Whole time window user 7. Model Training

#### 5. Data Splitting

#### 6. Over/Undersampling

- a.User-independent cross validation
  - **a.1** Leave one subject out
- a.2 Group k-fold cross validation
- b.User-dependent cross validation
  - b.1 K-fold cross validation
  - b.2 Time series k-fold
- c. Partial personalization
  - c.1 Random
  - c.2 Stratified
  - c.3 Time series

- a. Oversample the minority class or undersample the majority class a.1 Original Distribution a.2 Random oversampling a.3 Random undersampling
  - a.4 SMOTE/SMOTE-NC

a.Personalized vs generalized a.1 Fully personalized (only using single user's data) **a.2** Similar-user model (only using similar user group's data) a.3 Multi-task learning a.4 Generalized model

8. Model Evaluation

a.Metric selection

- a.1 Accuracy
- a.2 F1 score (positive)
- a.3 macro F1 score
- a.4 AUC-ROC
- a.5 precision (PPV)
- a.6 recall
- b.Model selection b.1 Traditional machine learning models (b.1.1 Gradient boosting, b.1.2 RandomForest, b.1.3 SVM, b.1.4 logistic regression, b.1.5 KNN, b.1.6 decision tree, and **b.1.7** Naïve Bayes classifier) b.2 Neural network models (i.e. MLP)

### **RQ2 Independent Reproducibility**

What if we change one factor in the following pipeline?



#### **Datasets**

Dataset	Duration	#Users	Feature Types	Freq. of Labels	Year
K-EmoPhone	1 week	77	Mobile and wearable sensor data, pre- and post- surveys	10 surveys per day	2023
DeepStress	6 weeks	24	Mobile sensor data, pre-survey	Avg. 4.9 surveys per day	2024

Gyuwon Jung, Sangjun Park, and Uichin Lee. 2024. DeepStress: Supporting Stressful Context Sensemaking in Personal Informatics Systems Using a Quasi-experimental Approach. In Proceedings of the 2024 CHI Conference on Human Factors in Computing Systems (CHI '24). Association for Computing Machinery, New York, NY, USA, Article 1000, 1–18. https://doi.org/10.1145/3613904.3642766





### **RQ2 Independent Reproducibility - Last Label**



t denotes the timestamp of the label to predict while t-1 denotes the timestamp of the last label





#### **RQ2** Independent Reproducibility - K-fold Cross-Val.

	AUC-ROC (K-EmoPhone)	AUC-ROC (DeepStress)
Standard k-fold	0.650	0.764
Time-series k-fold	0.588	0.636

Standard k-fold works much better than time-series k-fold. Either because of more data in training set or data leakage due to shuffled time order.





L. Meegahapola et al. 2023. Generalization and Personalization of Mobile Sensing-Based Mood Inference Models: An Analysis of College Students in Eight Countries. In Proceedings of the ACM on Interactive, Mobile, Wearable and Ubiquitous Technologies (IMWUT). ACM. https://dl.acm.org/doi/abs/10.1145/3569483

	AUC-ROC (K-EmoPhone)	AUC-ROC (DeepStress)
Baseline	0.511	0.524
Partial Personalization	0.534	0.573

#### Partial personalization did help

improve model performance.



L. Meegahapola et al. 2023. Generalization and Personalization of Mobile Sensing-Based Mood Inference Models: An Analysis of College Students in Eight Countries. In Proceedings of the ACM on Interactive, Mobile, Wearable and Ubiquitous Technologies (IMWUT). ACM. https://dl.acm.org/doi/abs/10.1145/3569483

	AUC-ROC (K-EmoPhone)	AUC-ROC (DeepStress)
w/o Partial Personalization	0.575	0.505
Partial Personalization	0.613	0.676
	Testing on Multiple Users	

#### Partial personalization works

much better when testing on a group of users instead of single user.

#### Longer duration of data

collection also helps success of partial personalization.

## Summary

#### Importance of Labels from New Users

Both adding last label in feature set and partial personalization improve the model performance.

Labeled data from target users is important for adapting the model to unseen users.

## Summary

#### Temporal Order in Evaluation Design

Previous success of k-fold cross validation could be due to either more data in training set or **potential data leakage in time domain**.

It is more recommended to consider time order when designing evaluation settings.

### Discussion

#### Improving Prediction Performance via User-in-the-loop Strategies





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